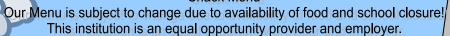
Steubenville City Schools Snack Menu





Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
1 Cheez its Milk	2 Carrots / dip Milk	3 Fruit Snack Milk	4 Graham Crackers Milk	5 Crackers Cheese Stick Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
8 Chex Mix Milk	9 Apple Slices Milk	10 Rice Krispy Treat Milk	11 Harvest Chip Milk	12 Poptart Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
15 Gold Fish Milk	16 Graham Cracker Gogurt Milk	17 Smores Bar Milk	18 Turkey Stick Cheese Stick Juice	19 Gogutt Apples Juice	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
22 Nutrigrain Bar Milk	23 White Cheddar Popcorn Juice	24 Cherry Bar Milk	25 Cheez Its Milk	26 Fruit Snack Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
29 Poptart Milk	30 WG Chips Milk				

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